

DAY CARE HOME CHILD MENU

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Fruit Fruit		Fruit							
S g g Grains/Bread ⁽²⁾		Grains/Bread ⁽²⁾							
Meat/Meat Alternate									

⁽¹⁾Meat/Meat Alternate may be used to substitute the entire Grains/Bread component a maximum of three times per week.

⁽²⁾At least one serving of whole-grain rich Grains/Bread must be served and recorded on the menu every day.